



**Seafood Trivia:**

What percentage of seafood is lost or wasted every year?

- Don't buy if frost or ice crystals are present in the package

**For more info and additional resources visit:**

[www.seafoodhealthfacts.org](http://www.seafoodhealthfacts.org) or [search fda.gov](http://search.fda.gov)

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35% [www.fao.org](http://www.fao.org)