



# NEWYORKPOST

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## Story

# Fishing clinics fun, free

Last Updated: 3:19 AM, June 19, 2011

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Ken Moran

## OUTDOORS

This summer, you can find out why fishing can be so addictive and great for your health all at the same time.

New York is offering free fishing clinics throughout the state with a number of

them happening right in New York City.

The first will take place on Saturday from noon to 5 p.m. at the Raritan Bay Festival at Conference House Park on Staten Island.

On July 13, the seniors get their chance at the Fishing with Seniors event in Baisley Pond Park in Queens from 9 a.m. 'til noon. You won't need a fishing license and you really don't have to be a senior to participate.

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Governor's Island will host a fishing clinic on July 17 from 10 a.m.-4 p.m.

There also are tentative plans to have one at the Little Red Lighthouse Event at Fort Washington Park from 10 a.m.-4 p.m., and hopefully there will be a Snapper Derby with the New York City Parks Department at the 68th Street Pier in Manhattan on Sept. 24 from 11 a.m.-3 p.m.

These clinics are open to people of all ages. No pre-registration is required. The events are free and I FISH NY provides all tackle and bait. Equipment

is provided on a first-come, first-served basis. For more info, contact Melissa Cohen at (718) 482-4022.

The I FISH NY program is a joint initiative between New York State [Department of Environmental Conservation](#) and New York Sea Grant that introduces urban residents to fishing in the state. For more info on the program and other clinics, go to the DEC website at [dec.ny.gov](#).

The Long Island Railroad also is helping out anglers with a train and bus connection to Captree State Park.

Captree is a fisherman's paradise, so pack a lunch and enjoy a day of fishing while taking in the beautiful views. And no need to bring fishing gear, it's all included in the package price: \$45 for adults and \$28.50 for children 5-11.

This special package includes discounted one-day round-trip rail to Babylon Station and S-47 bus

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transportation, plus admission on one of Captree's fishing boats. For a schedule of boat departure times, call (631) 669-6464 or go to [captreefleet.com](http://captreefleet.com).

Trains will depart Penn Station at 7:10, 9:06 and 11:05 a.m. weekdays, and 7:10, 9:10 and 11:10 a.m. weekends. The trains will depart Babylon Station at 3, 4:35 and 6:39 p.m. weekdays, and 3:10, 5:28 and 6:58 p.m. weekends.

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Department of Environmental Conservation

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