

New York Sea Grant Seafood Resources

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Michael Ciaramella, MSc, PhD

New York Sea Grant - Cornell Cooperative Extension Stony Brook University, Research and Development Park Innovation and Discovery Center 500 Innovation Road, Stony Brook, NY 11794-5002



Regulatory Guides



Regula Bival **Shellfis**



Regulate Market Seafood



Regula to Mark Caught Ne



Regulatory Guide to Processing and **Marketing Seaweed in New York**



This regulatory guide was created by Seafood Direct Marketing Task Force industry partners. This document is fo that may be undated over time to re



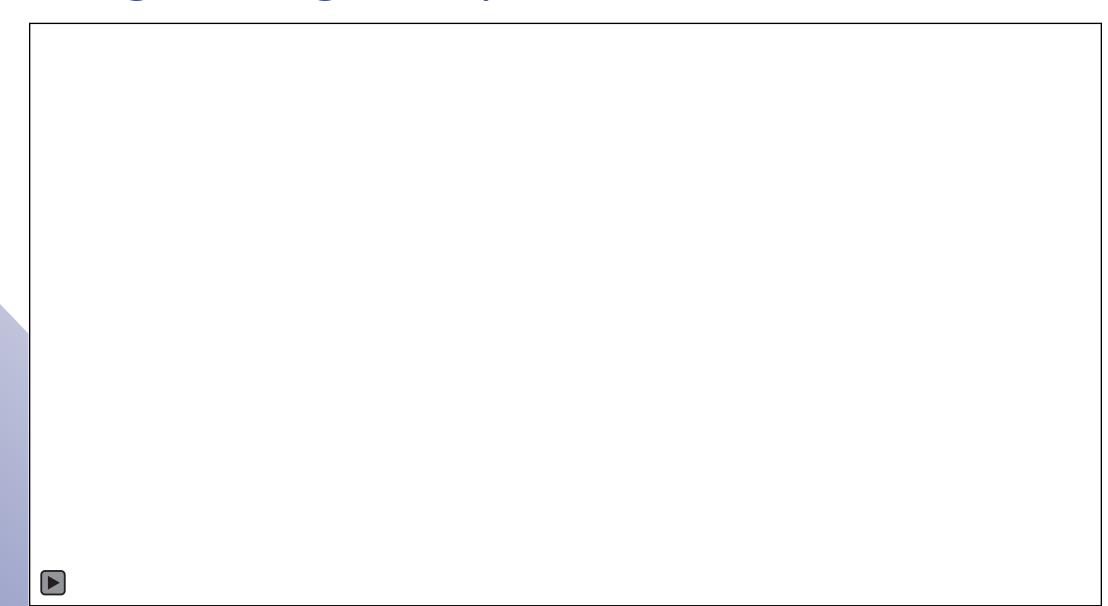
This regulatory guide was created by New York





Using the Regulatory Flow Chart







Seafood Topical Resources



Seafood HACCP

Allergens and Cross-Contact

Food Labeling

RAINBOW
LESS RANBOW
LESS RA

Good Manufacturing Practices

Best Practices for Delivery and Mailing

Sanitation

Enhancing Safety and Marketing

Marketing Guide

www.nyseagrant.org/seafoodguides





Seaweed Topical Resources

Seaweed Food Safety HACCP vs. FSMA

Food Safety and Modernization Act

Best Practices for Handling Seaweed

Harvesting Food-Grade Seaweed





Free Seafood Safety Training







Free Customizable Resources



Alternative Names: Atlantic Oyster, American Oyster Country: USA Source: Production/Harvest Method: Deep Water Off-bottom Producer: Southold Bay Oysters Sustainability: Oysters are About: Producer Website: This resource template was developed by New York Sea Grant with funding from NOAA Sea Grant's 2018 Aquaculture Initiative, project This resource template was developed by New York Sea Grant with funding from NOAA Sea Grants 2018 Aquaculture initiative, project number NOAA-OAR-SG-2018-2005489. Blank templates are provided as a marketing resource to industry and content is not reviewed nor appropriate to the content of the content added to these resources.





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Seafood Nutrition

Black Sea Bass Nutrition Mixed Species Calories 82.4 kcal Cholesterol **Bluefish Nutrition** 34.8 mg Pomatomus saltatrix 15.6 g 105 kcal Cholesterol 50.2 mg protein Iron 17 g Vitamin 0.25 mg Saturated 0.43 g USDA FoodData Central Omega-3 Vitamin 0.41 mg 0.66 g B12 USDA FoodData Central **Twenty Species!**

English and Español



4x6 Cards

18.9 g

0.28g

NOAA Fisheries & USDA Food

Scallop Nutrition
Mixed Species

10.38

Omega-3* 0.25* g

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Seafood Cards



32°F

General Guidelines for Handling Seafood

Keep Clean

· Hands, workspace and utensils

Keep Separate

· Don't store or prepare raw fish with other foods



- Storing Leftover Seafood Wash hands, containers and utensils 90°F
 - before handling
 - Refrigerate or freeze in a shallow 2 hours if room temperature < 90°F 1 hour if room temperature > 90°F

Cooking Finfish

Fish should be cooked to an internal temperature of 145°F, or until it flakes and separates easily

145°F

 10 minutes per inch of thickness is a good rule of thumb (5 min per side)

But I like 'em raw! Shellfish

If you choose to eat raw shellfish, be

Chilled and kept cool until

consumption (35-40°F)

Harvested from approved waters Harvested by a licensed harvester

Don't eat any that die before cooking/consuming

confident that they were:



- open, torn or crushed



 Don't buy from above the frost line (top of freezer case)



Set 1: Identifying Fresh Seafood (6)

Set 2: Handling Seafood (6)

Set 3: Preparing Seafood (5)



Pautas generales para la manipulación de pescado y mariscos

Mantener limpios

Manos, espacio de trabajo y utensilios

Mantener separado

 No almacenar ni preparar pescado crudo con otros alimentos



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Many other resources...





Questions?





Resources are available online at:

https://linktr.ee/NYSGSeafoodLinks